

hers. She really is an understanding person. I guess that's one reason why I love her.

Good, I'm happy that you could resolve it.

So am I! Okay, let's get on with the story. What happened after the first hypnotic experience? Did you continue to hypnotize people every week?

No, it didn't work out that way. After the initial session we continued with our weekly meetings at different homes with different topics. It wasn't until after Christmas that Linda and I had a chance to talk. We discussed the results from the first attempt, and then I asked her if she had heard about 'Bridey Murphy'. She had not, so I proceeded to tell her about hypnotic regressions to a past life. She was not familiar with reincarnation at all but agreed to be hypnotized again to see what would happen.

During the second session I started by regressing Linda to her youth. I first took her to age thirteen. This time she spoke with more confidence because I was able to get her into deeper trance and she did not remember anything when I woke her.

What did she tell you?

I asked her about school again and she told me that now she was in grade nine. This time she made comments about some of her teachers, especially her French teacher whom she didn't like. Then I regressed her to age five and she told me about her family. We continued and I succeeded in regressing her to age one this time, and she talked to me about her birthday with her relatives.

She could remember her first birthday?

Yes, and I even took her to the day she was born and asked her what she saw. She told me that she saw a doctor (she identified him as Dr. Claire) and two nurses. "One was a big broad nurse," who put her in a little bed.

I didn't think that a newborn baby could see. Her eyes are not developed enough.

That is what the medical researchers say; but, again, it is the subconscious that remembers all events. The subconscious does not need eyes to gather information. After I brought Linda out of hypnosis, I asked her if she remembered the name of the doctor who delivered her. She said that she did not have any recollection. Even after hearing the tape she did not recall the name, "Dr. Claire". Subsequently she wrote a letter to her par-

ents who confirmed the details. This gave us some confidence in what we were doing.

I was going to ask you if you ever tried to verify any of the information you received, and I also want to know if you regressed Linda to a past life.

Yes, I did regress Linda to a past life; and, yes, we did try to verify as much information as possible. When we were able to find the information, it checked out. There was never any time when there was a conflict with the information. It was never proven wrong.

After I talked to her about the day of her birth, I suggested that she relax and go back into time, to another lifetime. When she began talking, I noticed a different quality in her voice. It definitely was not the same voice she used when describing her present life.

Hey, that's weird!

Not if you think about it. You could recognize the sound of Linda's voice, but it took on the personality of the past life. By asking a series of questions I found out that she lived in a big house, "not my house." She was twenty-two years old, not married and did not have a boyfriend. At that moment she was in a church and a priest was giving a sermon. I asked her the date, and she replied, "eighteen hundred and something."

That's great! Who was she in the eighteen hundreds?

Just hang on; we'll get to it. I continued with my questioning, moving her up to age thirty, age fifty, and then back again to age ten. I learned more about her life, but I was confused about who she was until I took her to the day of her death. There I found that she died quietly in her "cell." Then she told me that they buried her body on the convent grounds. This was the first time that I realized that she was a nun. With that confirmation all of the other information made sense.

A nun? Yes, that makes sense. Go on, I want to hear more.

As I continued asking her questions about her death, she told me that she "just left" her body and went "to space." She could look down and see her body lying there, on her bed, in her cell. When I asked her if she met anybody in 'space', she said that there were "others," and went on to confirm that she did 'not' meet her parents, God or Jesus, and that Heaven was a "long way away." Next, she told me that she was to stay at the spiritual level she had now obtained and learn more before going any further.

That is great stuff, Jerry! Did you try to regress her to any other lives?

When I attempted to regress her to another past life, she began shivering as if she were cold; and she only mumbled replies to my questions. I immediately brought her back to the present and brought her out of the trance. She did not have any memory of the session, so we listened to the tape and discussed it.

How did Linda react to that?

She was excited and surprised at what she told me while under hypnosis, but expressed doubts about the truth of it. I explained to her that it was consistent with what Bernstein discovered through Bridey Murphy, and what other hypnotists reported. Linda noted my excitement about the results and agreed to continue experimenting.

I want to hear a lot more; but first, how long ago did this take place? How old was Linda at the time?

The very first session took place November 28, 1971, then the second session, which I have been telling you about, took place in my home on Saturday night, February 19, 1972. Linda was twenty-eight years old at the time. She was married and had four children.

She had four kids and you had two. I can imagine how hard it was to find time to do those experiments while trying to juggle time between two families with children.

It definitely was. We managed to meet, on the average, once a week; and with luck we sometimes met two days in a row. To keep the momentum going, it was only four days later that we had our third session. Again, it was late in the evening, after the children were in bed.

Did you learn anything new? Were you able to get a second past life?

I still had problems trying to regress her to a different past life. She would appear restless and resist my inquiries. During this early stage I was cautious and brought her out of hypnosis at the first sign of resistance. It was only later that I became more assertive and achieved greater success.

The third session, however, was most productive. I confirmed many of the answers I received before and learned additional facts. Before I tell you about them I want to stress that of all the sessions I had with Linda, I never found any discrepancies in what she said. Over a six-month period